



# KORAMBAYIL AHAMED HAJI MEMORIAL UNITY WOMEN'S COLLEGE, MANJERI

(P.O) Narukara, Malappuram Dt., Kerala 676 122  
(Govt.-aided and Affiliated to University of Calicut)

[Nationally reaccredited by NAAC with 'B++' Grade CGPA 2.77]

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## Internal Quality Assurance Cell (IQAC) Action Taken Report 2022-2023

KAHM Unity Women's College, Manjeri

### **Introduction**

The Internal Quality Assurance Cell (IQAC) of KAHM Unity Women's College, Manjeri, continued its endeavors to ensure quality sustenance and enhancement during the academic year 2022-2023. Focusing on curricular aspects, IQAC collected stakeholder feedback and implemented interventions through faculty members, resulting in significant improvements.

### **Curricular Aspects and Interventions**

IQAC collected feedback from stakeholders and facilitated necessary interventions through Board of Studies and Academic Council members in the University of Calicut. Key initiatives included:

1. Employability Skill Programme: 36-hour training for 439 students in association with Mahindra Pride Classroom.
2. Add-on Courses and Certificate Programs: Introduced 60 new courses to enhance student employability.
3. Online Courses: Promoted SWAYAM and NPTEL platforms, equipping a student resource group for SWAYAM courses.
4. Job Fair: Conducted to boost placements.
5. Moodle Platform: Implemented for advanced and technology-enabled learning and evaluation.
6. Teacher Training: Provided training on Moodle for all faculty members.
7. IPR Workshop: Conducted for students.
8. ERP Solution: Implemented a well-equipped Enterprise Resource Planning system.
9. E-Content Development: Conducted workshops for all faculty members.
10. Student Leadership and Support: Introduced 29 new clubs and cells.
11. Flash Talk Platform: Launched under the Hone Your Leadership Club to address cross-cutting issues.

### **Outcomes and Impact**

- Enhanced employability skills for 439 students
- Increased course offerings by 60%

- Improved online learning resources
- Boosted placement opportunities
- Equipped faculty with Moodle and e-content development skills
- Fostered student leadership and support
- Addressed cross-cutting issues through Flash Talk platform

### **Conclusion**

The IQAC successfully addressed curricular aspects, implementing stakeholder feedback and introducing innovative initiatives. These efforts have strengthened the institution's commitment to quality education, enhancing student employability, faculty development, and overall academic excellence. IQAC remains dedicated to sustaining and improving quality, aligning with the institution's vision and mission.



A handwritten signature in green ink, appearing to be "M. U.", written over a horizontal line.

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# University Campus Connect for the Curricular Interventions

Recommendations for curriculum modifications are regularly forwarded to the affiliating university through academic council members, senate members, Board of Studies members and other relevant channels.

## Board of Studies Members and Academic Council Members at the Institution.

Academic Year	Name of teacher participated	Name of the body in which full time teacher participated
2022-2023	Dr Shahina Mol A K	Member, PG Board, University of Calicut
2022-2023	Dr. Annie Ninan	Home science (Single board) BoS
2022-2023	Dr. P Jyothi	Chemistry (UG & PG) BoS Calicut University
2022-2023	Dr. Fatimathu Zuhara N V	Home science (Single board) BoS
2022-2023	Mr. Rahib B	Computer Science and application (UG) BoS
2022-2023	Mrs. Sangeetha K	Women Studies (Single board) BoS



  
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## **ACTION TAKEN REPORT 2022-2023**

### **DEPARTMENT OF BOTANY**

#### **World Environment Day – "Go Green: Planting a Sapling"**

World Environment Day was celebrated on 6th June 2022. Dr. Deepa P. served as the faculty coordinator. The programme was titled "Go Green: Planting a Sapling."

#### **Mushroom Cultivation – A Path Towards Self-Reliance for Students**

Mushroom cultivation is an avenue for self-employment through the establishment of mushroom enterprises. The cultivation is managed by the PG Department of Botany, and a one-day market was organised at Unity Women's College, Manjeri, on 9th June 2022. The PG and UG students of the Department of Botany successfully cultivated mushrooms as part of their 'Earning Through Learning' programme, generating a profit.

#### **Field Trips for M.Sc Students**

A visit was organised to the Indian Institute of Spices Research (IISR) and the mangroves of Kadalundi Vallikkunnu Community Reserve (KVCR) on 22nd June 2022. Additionally, an algal collection and a visit to MBCHIPS, Kozhikode, were conducted for the first-year PG students on 10th March 2022. The aim of the research station visit to ICAR was to familiarise the students with various research techniques in Plant Pathology, Molecular Biology, and Biotechnology. The field trip to KVCR was intended to observe mangrove conservation efforts and understand the importance of conserving ecologically sensitive sites. Students also had the opportunity to study the wildlife and ecology of the area, and observe conservation measures taken by the authorities.

#### **CSIR Life Science Coaching Classes**

Coaching classes for upcoming competitive exams, such as CSIR, ICMR, ICAR, KSCSTE, and others, were initiated by the PG Department of Botany on 18th July 2022. The classes are scheduled for one hour on working days, with full-day sessions on holidays.

#### **Publication of Research Papers**

Faculty members and PG students published research papers in national and international journals during the academic year 2022-2023. Additionally, two ISBN books authored by faculty members were published.

#### **Certificate Courses**

Several certificate courses were offered during the academic year 2022-2023:

- *Certificate Course on Cryptogam Diversity*: This course introduced the concepts of lower plant groups, particularly cryptogams. Students explored the morphology and anatomy of major groups like algae, bryophytes, and pteridophytes, focusing on their life cycles.
- *Applied Biostatistics*: This course aimed to create awareness about biostatistics in plant science. It helped students critically evaluate research studies and assess evidence using

statistical methods. Hands-on experience was provided in analysing and interpreting real-world health data, including clinical trials and epidemiological studies.

- *Pollination Biology*: This course focused on the scope and importance of pollination biology and palynology. Students observed various types of pollinators and learned to differentiate pollen grains based on morphology.
- *Crop Protection and Management*: This course aimed to familiarise students with organisms and causal factors responsible for plant diseases. Students also studied the host-parasite interaction process in plant diseases and learned methods to manage plant health.

### **Vegetable Garden Maintenance**

A project-based vegetable cultivation initiative was organised in collaboration with the Agriculture Development and Farmers Welfare Department, Pulpatta Krishi Bhavan, and Pulpatta Grama Panchayath. Major vegetables cultivated included Baji Mulaku, Brinjal, Tomato, Kanthari Mulaku, Lady's Finger, Cauliflower, and Green Chillies. Dr. Usman A. was the faculty coordinator for this initiative.

### **Field Trips**

- First-year UG students visited the ICAR-Indian Institute of Spices Research, Calicut, on 13th January 2022.
- A field trip to Wayanad was conducted on 14th January 2022 for first-year UG students.
- A nature camp was organised at Attappadi Hills, Palakkad, for second-year UG students on 1st and 2nd April 2022.
- A field study trip was conducted to Ramakkalmedu, Munnar, and Ernakulam for third-year UG students from 17th to 20th February 2022.



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# **ACTION TAKEN REPORT (2022-2023)**

## **DEPARTMENT OF PSYCHOLOGY**

### **Poster Making Competition – International Day Against Drug Abuse**

The Department of Psychology conducted a collage-making competition on 26th June 2022 in connection with International Day Against Drug Abuse for the college students. The objective was to promote a drug-free campus by enforcing a total ban on the consumption or use of drugs and alcohol among students. The first prize was secured by the students of the First Year BA English.

### **Certificate Course on Learning Disabilities**

The objective of the course was to understand learning disabilities and developmental disabilities, learn how the brain is connected with learning, understand the diagnosis and assessment, and provide remedial programmes for learning disabilities. The course provided a clear understanding of the characteristics, causes, prevalence, and approaches to the evaluation of learning disabilities and other disorders in children.

### **Certificate Course on Self-Development Practicals**

The course aimed to develop a personal vision, understand stress-reduction strategies, and build self-confidence and self-respect. It helped participants assess their skills and qualities, consider their life goals, and set objectives to realise and maximise their potential. The course also focused on enhancing employability, raising confidence, and leading a more fulfilling life. It enabled participants to make positive and effective life choices and decisions for the future, thereby fostering personal empowerment.

### **Session on the Importance of Counselling Among College Students**

The Department of Psychology conducted a workshop titled "Learning and Behaviour Management in Children" on 12th August 2022 at the AC Seminar Hall. The session aimed to equip students with strategies to teach children values and habits necessary for working effectively in classrooms and achieving their goals. Through this workshop, students gained insights into learning disabilities and management skills helpful for dealing with disabled children.

### **Certificate Course on the Science of Happiness**

The course aimed to cultivate an experience marked by positive emotions and educate participants on the emerging paradigm of positive psychology. It focused on building competencies for experiencing and sharing happiness as a lived experience. The course emphasised the scientific study of human flourishing and the pursuit of happiness, with practical approaches to leading more fulfilling and satisfying lives.

### **Awareness Class on Suicide Prevention Day**

In connection with World Suicide Prevention Day, the Department of Psychology organised an awareness session on 14th October 2022 at the AC Seminar Hall. Aslam Siddique, a Clinical Psychologist from Psyfos Centre for Mental Health and Wellbeing, Manjeri, discussed recent suicide statistics, signs of vulnerability, and ways to help individuals with suicidal ideations. The

session helped students, as budding psychologists, understand their role in controlling mental health issues. The feedback from students indicated a positive response.

### **Field Visit to a Mental Hospital**

The objective of this programme was to provide clinical exposure to students, enabling them to assess a wide range of psychological problems and treatment methods. Fifty-one second-year BSc Psychology students participated in the visit. Psychologist Father Edward Jorge explained the relationship between behaviour and the brain, the functioning of the hospital, and the services provided. Students were also able to clarify their doubts and queries during the visit.

### **Visit to a Special Education Centre**

On 15th December 2022, a programme was conducted for disabled children, monitored by the students of the department, at the College Auditorium. Thirty-five disabled children, along with their mothers, nine staff members from ILU Thanal Intervention Centre, and 92 psychology students participated. The programme helped students understand various mental disabilities and aided in reducing social inhibition and stage fear among the disabled children. The programme was highly successful and received appreciation from participants and their families.

### **Horror House – "Nightmare Castle"**

The Department of Psychology organised an immersive programme titled "Nightmare Castle" on 30th August 2022. The event aimed to entertain college students and raise funds. Its objectives included fostering creativity and group work, understanding illusion and hallucination, and exploring parapsychology. The event provided a thrilling and memorable experience while contributing to a noble cause.


### **Session on Career and Higher Education Opportunities in Psychology**

The Department of Psychology organised a career orientation programme on 28th September 2022 at the AC Seminar Hall. The session introduced new career opportunities in psychology and guided students towards postgraduate programmes that enhance employability. It focused on preparing for PG entrance examinations and provided insights into central and state universities and exam preparation strategies.

### **Meeting with Industrial Experts**

A movie screening of *Midsommar*, a 2019 film directed by Ari Aster, was organised under the guidance of Consultant Psychologists Abhinand S. and Anagha M. M. The film, a study of one woman's emotional journey towards emancipation from a toxic relationship, was followed by a session led by Ameena Sithara, Founder and Clinical Psychologist at Absolute Mind Clinic. The psychological elements of the film were discussed in detail with the students.



  
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## **ACTION TAKEN REPORT (2022-2023)**

### **DEPARTMENT OF CHEMISTRY**

#### **Celebration of World Environment Day**

The Department conducted a webinar titled "*Revival of the Earth: It is in Our Hands*" on 6th June 2022, in connection with World Environment Day. Dr. Litty Sebastian, Assistant Professor at Bharath Matha College, Trikkakkara, was the resource person. The primary aim of the World Environment Day celebration was to raise awareness and promote action on pressing environmental issues facing our planet.

#### **Seminar on Waste Management**

A seminar on solid waste management was organised by the department on 26th August 2022 as part of an environmental awareness initiative. Mr. Ashfak Ahamed from Green Dale Agropark delivered a talk. The awareness programme aimed to educate individuals and communities about the importance of proper waste management practices. Activities included public awareness campaigns, workshops, seminars, and community outreach initiatives.

#### **Seminar in Connection with World Ozone Day**

A seminar titled "*35 Years of Healing*" was held on 16th September 2022, in connection with World Ozone Day. Dr. Mehar Al Minnath, Assistant Professor at MES Mampad College, was the resource person. The programme aimed to raise awareness about the importance of protecting the ozone layer and commemorate the 35th anniversary of the Montreal Protocol, which was established to protect the ozone layer.

#### **Community Outreach Programme**

The department conducted a community outreach programme on 18th September 2022, titled "*Hands-on Training in the Preparation and Effective Marketing of Hand Wash.*" The programme aimed to train the residents, particularly women, in nearby colonies on how to make hand wash and market it on a small scale. Participants gained an understanding of how to start their own business and enhance their economic power to earn a steady income.

#### **International Webinar**

An international webinar on "*A General Approach to Project Report Writing*" was conducted on 28th November 2022. Mr. Freddy Francis C, from National Tsinghua University, Taiwan, was the resource person. The aim of the webinar was to provide participants with a comprehensive understanding of project report writing, covering the importance, key elements, and process for creating an effective project report. Practical tips and strategies were shared to help participants produce high-quality project reports.

#### **Publication of Research Papers**



Faculty members and PG students published research papers in national and international journals during the academic year.

### Certificate Courses

1. *Hands-on Training in Software Tools for Scientific Graphing and Molecular Modelling*: This course aimed to equip participants with skills in searching and downloading research papers, scientific graphing, data analysis, and the use of open-source chemistry tools and molecular modelling.
2. *Hands-on Training on Polymer Processing*: The objective was to provide fundamental understanding and practical skills in rubber compounding.
3. *Effective Marketing of Hand Wash*: The course aimed to provide participants with practical skills in preparing and test marketing hand wash. Participants learned about product development, quality control, and the chemistry behind soap and hand wash production.
4. *Structure Elucidation Using Molecular Spectroscopy*: This course provided in-depth knowledge of the principles and techniques used to determine the molecular structure of organic compounds. It was targeted at chemistry students, researchers, and professionals.
5. *Molecular Visualization Software*: The course focused on drawing chemical structures, generating their names, and geometry optimisation, as well as visualising complex molecules.
6. *Green Methods for Evergreen Earth*: The objectives were to raise environmental awareness, promote sustainable resource management, and educate participants about climate change mitigation and how individuals and communities can contribute.

### National/International Seminar

An international seminar on "*Frontiers in Chemical Research*" was conducted on 18th January 2023. Dr. Anokh K. Nair and Dr. Kala Kannan Kutty, from Taiwan, were the resource persons. The seminar aimed to bring together researchers, experts, and students in the field of chemical research to exchange knowledge, discuss current trends and challenges, and explore future directions for the field.



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# **Action Taken Report**

## **Department of Commerce (2022-2023)**

### **Community Outreach Programme 1: Promising Investment Avenues for Small Savings**

On 27th July 2022, a programme titled "*Promising Investment Avenues for Small Savings*" was conducted. The aim was to create awareness about small investment options for local residents and students near the college. The session highlighted low-risk and easily accessible investment options, encouraging a culture of savings and investment among the youth and local communities. Participants gained practical knowledge on how to manage and grow their savings.

### **Community Outreach Programme 2: Higher Education Opportunities for Commerce Graduates**

On 29th September 2022, a session titled "*Higher Education Opportunities for Commerce Graduates*" was organised. The objective was to guide commerce graduates on building a successful career by exploring opportunities in higher education. The programme helped students understand the available postgraduate options, scholarships, and career paths in the field of commerce. Students left with a clearer vision of the steps needed to advance their careers in this domain.

### **Community Outreach Programme 3: Share Market and Trading Awareness**

In October 2022, a programme focused on "*Share Market and Trading Awareness*" was conducted. The objective was to educate participants about the functioning of the stock market and the basics of trading. The session provided insights into the risks and rewards of investing in shares and guided participants on how to start their trading journey. It aimed to enhance financial literacy concerning stock investments.

### **Community Outreach Programme 4: Financial Empowerment**

In November 2022, the department conducted a session on "*Financial Empowerment*". This outreach initiative aimed to improve the financial status of individuals by educating them on personal finance management. Topics such as budgeting, saving, and long-term wealth planning were covered, helping participants take control of their financial futures. The session provided tools and strategies for achieving financial independence.

### **Community Outreach Programme 5: Business Opportunities in the Food Industry**

On 15th January 2023, a session on "*Business Opportunities in the Food Industry*" was held. It introduced participants to various business opportunities within the rapidly growing food industry. The programme covered aspects like market demand, entry strategies, and financial considerations for starting food-related businesses. Participants gained valuable knowledge on how to tap into the food market and explore entrepreneurial avenues.

## **Community Outreach Programme 6: Emerging Opportunities in Digital Marketing**

In February 2023, a programme on "*Emerging Opportunities in Digital Marketing*" was conducted. It focused on educating students about the importance of digital marketing in the modern economy. Topics such as social media strategies, content creation, and the use of data analytics to optimise marketing efforts were covered. Participants learned how to leverage digital platforms to achieve marketing success.

### **Experiential Learning 1**

On 31st October 2022, an experiential learning session was organised to engage students through hands-on learning experiences, combined with reflection. This programme aimed to develop critical skills and knowledge by allowing students to apply theoretical concepts in practical settings, enhancing their understanding and retention. Sixteen such experiential learning programmes were conducted throughout the year.

### **Experiential Learning 2**

On 29th November 2022, another session was held to provide students with opportunities to explore different options for pursuing higher education. This session helped students make informed decisions about their academic future by highlighting various postgraduate courses and available scholarships.

### **Commercial Stalls (As Part of Consumer Day)**

On 23rd December 2022, commercial stalls were set up as part of *Consumer Day* to educate students on fair trade practices. This initiative aimed to raise awareness about ethical business practices and the importance of consumer rights in the marketplace. Students were encouraged to engage with real-world business dynamics through hands-on activities.

### **Workshop 1: Identification of Research Topic**

In November 2022, a workshop was conducted to guide students in selecting relevant research topics, especially those with social significance. The session provided students with tools to identify gaps in existing research and craft meaningful research questions. Participants left with a clearer understanding of how to approach their academic research effectively.

### **Workshop 2: Construction of Questionnaire**

In December 2022, a workshop focused on teaching students the essential components of constructing a well-designed questionnaire was organised. The session covered principles of question design, survey structuring, and ensuring data validity and reliability. Students gained practical skills in conducting empirical research.

### **Regional Seminar: Virtual Shopping and the Future of Physical Outlets**

In November 2022, a seminar on "*Virtual Shopping and the Future of Physical Outlets*" was held. Experts discussed the rapid rise of virtual shopping and its impact on physical retail stores. The seminar encouraged participants to critically analyse the evolving dynamics of consumer behaviour and its effect on the future of brick-and-mortar outlets.

## **National Seminar: Technological Innovation in Business and Strategies for Sustainable Entrepreneurial Practices**

In December 2022, a national seminar on "*Technological Innovation in Business and Strategies for Sustainable Entrepreneurial Practices*" was conducted. The seminar brought together entrepreneurs and business experts to discuss the role of technological innovation in driving sustainable business practices. Topics included green technologies, business model innovation, and strategies for long-term growth, providing insights into sustainable entrepreneurship.

## **International Conference: International Tax Reforms and Sustainable Investment**

In January 2023, an international conference titled "*International Tax Reforms and Sustainable Investment*" was held. The conference addressed the challenges posed by international tax reforms and their impact on sustainable foreign investments. Experts discussed strategies for creating investor-friendly tax environments in host countries to attract long-term investments.

## **Career Guidance Seminar 1: Explore Your Career in Accounting**

On 27th September 2022, a seminar titled "*Explore Your Career in Accounting*" was conducted to guide students through various career paths in accounting. Participants learned about the skills, certifications, and qualifications needed to pursue careers in accounting and related fields, helping them shape their career plans.

## **Career Guidance Seminar 2: Look Beyond Your Degree**

In December 2022, a seminar titled "*Look Beyond Your Degree*" encouraged students to explore career opportunities beyond their immediate academic qualifications. The session highlighted diverse career paths and emerging industries that value skills over degrees, motivating students to think creatively and explore unconventional career options.

## **Career Guidance Seminar 3: Interview & Group Discussion**

In January 2023, a seminar focused on preparing students for the job market by teaching essential interview and group discussion techniques. Participants learned how to present themselves confidently, articulate their thoughts clearly, and navigate challenging questions in a professional setting, equipping them with the skills needed to succeed in job interviews.

## **Career Guidance Webinar: Cracking Central Government and Competitive Exams**

In February 2023, a webinar on "*Cracking Central Government and Competitive Exams*" was conducted. It provided strategies for effective study, time management, and navigating the application process for government jobs. Participants received expert advice on how to confidently approach competitive exams and succeed.



  
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# DEPARTMENT OF HISTORY

## ACTION TAKEN REPORT (2022-2023)

### Field Visit

The History Association of Manjeri KAHM Unity Women's College has advocated for the preservation of *Kodakallu*, a remnant from the Megalithic period, located at Pattarkulam. This stone-built *Kudakallu*, situated on a paddy field 200 meters from Pattarkulam Angadi, was used to bury human bodies during the Megalithic period. The Kerala government declared this *Kudakallu* a protected monument in 2020. On 13th September 2022, students and teachers from the third-year BA History department visited Pattarkulam *Kudakallu*.

### Local History Workshop for School Students

On 17th February 2023, five students from the Department of History visited HMS Higher Secondary School, Thurakkal, to introduce the significance of history as an academic discipline. Third-year students, along with programme coordinator Ms. Jaseena, interacted with the Plus One Humanities students, discussing career opportunities in the field of history.

### Experiential Learning Trip

On 11th February 2023, second-semester BA History students from the department visited the historical site Edakkal Caves and the 900 Kandi Eco-Park in Wayanad. The students explored the habitat and Stone Age carvings of Neolithic people as well as the rich biological diversity of Wayanad.


### Compulsory Study Trip to North India

From 30th December 2022 to 8th January 2023, as part of an academic activity, final-year BA History students and teachers from the History Department conducted a study tour to Agra, Delhi, and Manali. A total of 35 final-year BA History students and three faculty members participated in this compulsory study tour.

### Gandhi & Women Empowerment on the Occasion of Gandhi Jayanti

On the occasion of Gandhi Jayanti, the Department of History hosted an online talk on the topic "*Gandhi and Women Empowerment*." Ms. Aswathy P, a final-year BA History student, presented the topic, focusing on Gandhi's views on young widows and the role of women in social service and progress.



  
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# Action Taken Report

## Computer Science Department (2022-2023)

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### Workshop on "The Importance of Academic Projects in the IT Industry"

On 19th July 2022, a workshop was conducted on "*The Importance of Academic Projects in the IT Industry.*" The aim was to emphasize the role of academic projects in preparing students for the IT industry. The speakers discussed how such projects provide students with practical knowledge and hands-on experience in real-world scenarios.

### Workshop on "Become A Next-Generation Software Professional"

On 19th July 2022, a workshop titled "*Become A Next-Generation Software Professional*" was held, focusing on the evolving skill sets required for software professionals in the modern IT landscape. The speakers provided insights into the latest trends in software development and highlighted the critical skills needed to succeed in the competitive IT job market.

### Seminar on "Software Development & Its Trends"

On 20th July 2022, a seminar was conducted on "*Software Development & Its Trends.*" It provided an overview of current trends in software development, including emerging technologies, tools, and methodologies. The speakers stressed the importance of staying updated with industry trends to ensure continuous career growth.

### Seminar on "Software Development"

On 22nd July 2022, a seminar titled "*Software Development*" was organised. This seminar focused on the fundamentals of software development, offering students a comprehensive understanding of software life cycles, development methodologies, and the tools used in the industry.

### Workshop on "Python Full-Stack Development"

On 19th August 2022, a workshop was conducted on "*Python Full-Stack Development.*" This workshop provided in-depth training on both front-end and back-end development using Python, equipping students with the skills required to build complete web applications.

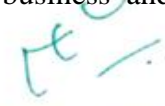
### Workshop on "Audio Books Release"

On 3rd November 2022, a workshop centred around the release of audiobooks was held. The event aimed at improving accessibility for the visually impaired and raised awareness about the importance of inclusivity in technology and education.

### Workshop on "AWS Cloud Computing"

On 17th February 2023, a workshop on "*AWS Cloud Computing*" was conducted. The session introduced students to AWS Cloud Computing services and solutions, covering the basics of cloud computing, cloud architecture, and the advantages of using AWS in business and software development.



  
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# DEPARTMENT OF ENGLISH

## Action Taken Report

The **English Department** at the college conducted a variety of events and activities during the academic year 2022-2023, aimed at enriching students' academic and personal development.

On **22nd June 2022**, an *invited lecture* on Dalit aesthetics and politics in C. Ayyappan's short stories was organised. The primary objective was to explore the themes of Dalit aesthetics and politics within these stories, which helped students gain insights into the socio-political aspects of literature, especially with reference to marginalised communities.

A *Personality Development Session* titled "*Rise and Shine*" was held on **26th June 2022**, focusing on encouraging students to develop their personalities and improve their communication skills. The outcome was a notable improvement in students' self-confidence, equipping them to face future challenges.

On **29th June 2022**, an *Orientation Programme* for both UG and PG students was conducted, introducing them to the various activities and opportunities provided by the English Association. This programme increased students' awareness of the association's activities and encouraged them to participate actively.

Another noteworthy event, a *lecture on the Nuances of Happiness*, took place on **13th July 2022**, which delved into various philosophical perspectives on happiness. Students were able to gain a deeper understanding of the concept and its significance in everyday life.

A *one-day regional workshop on Project Management* was organised on **27th July 2022**. This workshop aimed to equip students with essential knowledge about managing projects in academic settings. The students acquired project management skills that would prove valuable both in academic and professional environments.

An inter-departmental *quiz competition*, titled "*Les Quizerables*", was held on **11th August 2022** as part of the *Book Buddy Programme*. The event fostered a love for reading among the participants and encouraged engagement with literary knowledge.

An *invited lecture* on the "*Introduction to the History of Texts and Sounds in the Indian Ocean*" took place on **25th August 2022**. The lecture explored the historical and cultural significance of texts and sounds in the Indian Ocean region, deepening students' understanding of the literary and cultural history associated with the area.

On **29th August 2022**, an alumni lecture titled "*How to Develop Critical Thinking*" was conducted. The objective was to teach students critical thinking skills, which are crucial for both academic and professional success. Students learnt how to approach various problems critically and analytically.

To assist first-year students in transitioning smoothly from school to college, a *Bridge Course* was held for BA English students on **12th September 2022**. This course helped the students acclimatise to the undergraduate programme and enhanced their learning experience.

A *one-day poetry workshop* was organised on **21st February 2023**, aiming to foster an appreciation for poetry and develop creative writing skills among students. As a result, participants improved their ability to both interpret and write poetry.

On **30th September 2022**, an alumni lecture titled “*A Career Through Language*” was delivered, offering insights into various career opportunities available for language graduates. Students left the session with a clearer understanding of potential career paths in language and literature.

In the domain of cinema studies, a talk on “*New Generation Malayalam Cinema and its Various Manifestations*” was held on **6th October 2022**. This event provided students with knowledge about contemporary trends in Malayalam cinema and its cultural impact.

Following this, a *National Seminar* on “*Refocusing the Perspective: Body Identity and Stardom in Malayalam Cinema*” took place on **20th and 21st October 2022**. The seminar critically examined themes of body identity and stardom, offering valuable perspectives on cinema and media studies.

On **22nd October 2022**, an alumni lecture on “*Film Adaptation*” explored the process of adapting literature into films. Students learned about the challenges and creativity required in transforming literary works into cinematic representations.

A *Session on Content Writing* was conducted on **31st October 2022**, focusing on providing students with the necessary skills for writing content in various formats and platforms. The session proved practical for students interested in pursuing careers in writing.

To help students prepare for competitive exams like the *NET/JRF*, a one-day orientation was held on **17th November 2022**, providing insights into the exam structure and preparation strategies.

An *invited lecture* on “*Representation of the Margins in Malayalam Films*” was organised on **25th November 2022**. The lecture addressed the portrayal of marginalised communities in Malayalam films, encouraging students to develop a critical understanding of representation in cinema.

On **31st November 2022**, another alumni lecture titled “*A Career in Language*” was conducted, providing practical knowledge about the various career opportunities available for language graduates. Students gained insights into career paths that extend beyond conventional roles.

A *session on English for Competitive Exams* was organised on **21st November 2022**, focusing on improving students' English language skills specifically for exam preparation. The session helped students prepare for various competitive exams more effectively.

A *Peer Mentoring Programme* was held on **1st and 2nd December 2022**, aimed at fostering a culture of mentoring among students. This initiative encouraged students to support and mentor one another in academic matters, creating a collaborative learning environment.

An *IELTS training session* focusing on *Listening Skills* was conducted on **6th February 2023**. The session was designed to help students improve their listening abilities for better performance in the IELTS exam.

On **28th February 2023**, an alumni talk with *Ms. Shalini K* was held as part of the *Alumni Lecture Series*. The session allowed students to engage with alumni for career guidance and mentoring, helping them gain valuable insights into career development.



The *Community Language Assistance Programme (CLAP)* was inaugurated on **22nd March 2023**. The programme was launched with the objective of providing language assistance to the local community, thereby promoting social responsibility and community engagement among students.

Another alumni lecture took place on **28th March 2023**, where students had the opportunity to interact with alumni and gain career insights as part of the *Alumni Lecture Series*. The session provided practical guidance on career development.

Lastly, on **30th March 2023**, PG students participated in a webinar on “*Twenty-First Century Literature: Trends and Techniques*”. The webinar introduced students to the latest trends and techniques in contemporary literature, focusing on new literary movements relevant to the 21st century.



A handwritten signature in green ink, appearing to be "M. U.", written over a horizontal line.

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## **Department of Mathematics**

### **Action Taken Report 2022-2023**

#### **1. Puzzle Corner by Students - Weekly (All Fridays)**

- The Puzzle Corner activity has been implemented, and students have been actively participating on a weekly basis.
- Students are encouraged to solve puzzles and brain teasers, promoting innovative thinking and problem-solving skills.

#### **2. Student Seminar Series - Weekly**

- The Student Seminar Series has been successfully initiated and conducted on a weekly basis.
- Students are given the opportunity to present their research, projects, and ideas to their peers and faculty members.
- This series has provided a platform for advanced learners to showcase their work and enhance their presentation skills.

#### **3. Lecture Series to Infinity and Beyond (Minimum one lecture per month)**

- The Lecture Series to Infinity and Beyond has been launched with at least one lecture per month.
- Eminent speakers and experts from the field of mathematics have been invited to deliver lectures on various topics.
- The lecture series has been well-attended by students and has expanded their knowledge beyond the curriculum.

#### **4. National Statistics Day observation**

- National Statistics Day was observed successfully. Organized a talk to create awareness about the importance of statistics.

#### **5. International Seminar on Recent Advances in Industrial Mathematics and Applications in Collaboration with Kerala State Higher Education Council**

- The International Seminar on Recent Advances in Industrial Mathematics and Applications was organized in collaboration with the Kerala State Higher Education Council.
- Eminent researchers and industry experts delivered talks and presentations on the latest developments in industrial mathematics.
- The seminar provided a platform for students to gain insights into real-world applications of mathematics and explore career opportunities.

#### **6. Workshop on Digital Poster Making**

- A workshop on Digital Poster Making was conducted, focusing on enhancing students' skills in designing visually appealing and informative posters.
- Students learned various techniques and software tools to create digital posters for academic and professional purposes.

#### **7. Field Visit to Flower Bed at Perinthalmanna to familiarize Experimental Design**

- A field visit to the Flower Bed at Perinthalmanna was organized to familiarize students with experimental design techniques.
- Students had hands-on experience in designing and conducting experiments related to mathematics and data analysis.

## 8. Mathematics and Statistics Club Inauguration

- The Mathematics and Statistics Club was inaugurated, providing a platform for students to engage in various mathematical activities and competitions.

## 9. Visit to ISRO Space Launching Station, Thiruvananthapuram with 3rd Semester BSc Mathematics Students

- A visit to the ISRO Space Launching Station in Thiruvananthapuram was organized for 3rd-semester BSc Mathematics students.
- Students got the opportunity to witness the practical applications of mathematics in space research and exploration.

## 10. Inauguration of Soft Computing Lab and workshop on Computational Mathematics

- The Soft Computing Lab was inaugurated, equipped with the necessary resources for conducting computational mathematics experiments and research.
- A workshop on Computational Mathematics was organized, providing students with hands-on experience in using computational tools for mathematical analysis.

## 11. National Mathematics Day Observation

- National Mathematics Day was observed with enthusiasm, celebrating the birth anniversary of the renowned mathematician, Srinivasa Ramanujan.
- A talk was organized to commemorate the day and create awareness about the contributions of Ramanujan to the field of mathematics.

## 15. Mathematical Workshop for School Students

- A Mathematical Workshop was organized for school students to introduce them to interesting concepts and applications of mathematics.
- The workshop aimed to make mathematics enjoyable and engaging, encouraging students to develop a positive attitude towards the subject.



  
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# ACTION TAKEN REPORT 2022-23

## DEPARTMENT OF HOME SCIENCE

S No.	Activity Planned	Action Taken Report
1.	CERTIFICATE COURSE IN REFERENCE MANAGEMENT TOOL	The course was offered to the second and fourth semester MSc. Nutrition and Dietetics students in the department from 22 June 2022 to 31 October 2022. Thirty-seven students were enrolled for the course. The Resource person was Dr. NV Fatimathu Zuhara, Assistant Professor, Department of Home Science. The course was coordinated by Dr. Annie Ninan, Associate Professor from the department of Home Science. The course helped the students to manage their dissertation works easily.
2.	CERTIFICATE COURSE IN CULINARY ARTS	The course was offered to the students in various departments of college from 15 June 2022 to 18th October 2022. Forty-seven students were enrolled in the course. The course coordinator was Mrs. Shahla Karuthedath, Assistant Professor Adhoc, Dept. of Home Science. The instructor for the course was Mrs. Anitha Begum, Associate Professor, Dept. of Home Science. The course trained the students to prepare, cook and present food in an effective and attractive manner.
3.	CERTIFICATE COURSE IN FOOD PRESERVATION	The course was conducted from 25 <sup>th</sup> September 2022 to 25 <sup>th</sup> November 2022. Around 47 students (fifth semester) from various departments were enrolled in the course. The course coordinator was Mrs. Nishidha Haridas, Assistant Professor Adhoc, Dept. of Home Science. The instructors of the course were Mrs. A. S. Anitha Begum, Head of the Dept. of Home Science and Dr. Annie Ninan, Associate Professor, Dept. of Home Science. The course developed entrepreneurial spirit among students for setting up their own preservation units.

4.	CERTIFICATE COURSE IN MAKE UP TUTORIAL	Students from various departments were enrolled in the course. The course was conducted from 16 <sup>th</sup> September 2022 to 30 <sup>th</sup> November 2022. Mrs. Reghda Firoz Khan, Makeup Educator and Mrs. A S Anitha Begum, Head, Dept. of Home Science were the course instructors and Dr. N V Fatimathu Zuhara, Assistant Professor, Dept. of Home Science was the course coordinator. The course helped the students to learn the fundamentals of makeup skills and provided elementary training in professional makeup.
5.	CERTIFICATE COURSE IN DATA ANALYSIS USING EXCEL	The beneficiaries of the course were II <sup>nd</sup> Semester M. Sc Home Science (Nutrition and Dietetics) students. The course was conducted from 25 <sup>th</sup> December 2022 to 15 <sup>th</sup> March 2023. Eighteen students were enrolled in the course. The course instructor and coordinator were Mrs. Bushaira V, Assistant Professor Adhoc, Dept. of Home Science. Students were taught about the basics of Microsoft excel and students gained hands on exercises on various techniques to manipulate and analyze data effectively.
6.	CERTIFICATE COURSE IN DENIM UPCYCLING	The certificate course in Denim upcycling was conducted to the Third Semester BSc Family and Community Science students. The course was conducted from 10 <sup>th</sup> December 2022 to 20 <sup>th</sup> February 2023. Thirty-eight students were enrolled in the course. The course coordinator was Mrs. A S Anitha Begum, Associate Professor and Head, Dept. of Home Science. The instructors for this course were Ms. Risvana P and Sayyidath Fathima Rifa, 2 <sup>nd</sup> Semester MSc Home Science (Nutrition and Dietetics) student. Students were equipped with practical skills, a heightened awareness of sustainable fashion practices and a new found appreciation for upcycling as a means of reducing textile waste.
7.	CERTIFICATE COURSE IN WELLNESS AND FITNESS	The course was conducted to the First Semester BSc Family and Community Science students from 25 <sup>th</sup> December 2022 to 25 <sup>th</sup> February 2023. Thirty-nine students were enrolled in the course. The course instructor and coordinator were Ms. Loosiya KP, Assistant Professor Adhoc, Dept. of Home Science. It included hands-on fitness sessions and proper exercise techniques.

8.	POTHICHORU	<p>Every Tuesday, the students were asked to bring Pothichoru from their homes. In the academic year of 2022-23, from July 2022 to February 2023, a total 694 packed lunches were donated to the inmates of Shalomatha Bhavan, Cherani Manjeri. Ms. Loosiya KP and Ms. Rishana PP, student of II year B.Sc. FCS were the faculty and student coordinators for the year 2022-23</p>
9.	EARN WHILE LEARN PROGRAMME (ELP)	<p>On the eve of Azadi Ka Amrit Mahotsav-75th Independence day celebrations held on 17.08.2022, the students of third semester BSc Family and Community Science arranged a food stall under ELP, in front of the CH Auditorium. The students prepared different varieties of snacks, desserts and juices in the Nutrition Lab and kept them in the arranged stall for sale. The stall was inaugurated by the chief guest of the day, Dr. KS Madhavan, the renowned Historian and Public intellectual. Teachers and students from various departments visited the stall and the event was a grand success.</p> <p>On 15<sup>th</sup> July 2023, the second semester MSc Home Science (Nutrition and Dietetics) students arranged 'Pop-a-Corn' food stall in front of APJ Abdul Kalam Block at 12.30pm. They prepared different varieties of popcorn such as Butter, Chocolate, Caramel, Normal and Masala popcorns in the Nutrition Lab and kept them in the arranged stall for sale. Teachers and students from various departments visited the stall and all the items were sold. The students gained good profit from the stall. Also, they shared a part of their profit in the palliative box in the college.</p> <p>On 9<sup>th</sup> December 2022, the students of First semester MSc Home Science (Nutrition and Dietetics) arranged a food stall named 'DELICIOSO' in front of the CH Auditorium with varieties of foods for sale. Four varieties of foods such as Salted items (Mango, Pineapple, Cucumber, Carrot), Popcorn (Chocolate, Caramel, Ketchup and Normal), Desserts (Gulab Jamun and Brownie) and Snacks (Kabab and Club sandwich) were prepared and sold by the students. The coordinators for the programme were Mrs. Bushaira V,</p>

		Assistant Professor (Adhoc) and Ms. Shafna C, I <sup>st</sup> MSc Home Science (Nutrition and Dietetics).
10	KODAMAATTAM – CONSULTANCY & VOLUNTARY SERVICES	The PG department of Home Science and Women cell of the college have jointly signed a MoU with Mobility in Dystrophy (MIND) Trust, Kerala, to impart social empowerment through their joint activities among the people with dystrophy. Also, the Home Science department agreed to provide consultancy for embellishment of umbrellas made by MIND and promotion of its sale for their economic empowerment. As a first step, around 15 umbrellas were purchased and painted by the students of Home Science department. After the embellishment, the umbrellas were sold out. Dr. N V Fatimathu Zuhara, Assistant Professor and Mrs. Shahna Jinu K, IInd MSc Home Science (Nutrition & Dietetics) are the department level coordinators for the programme
11	DIET CLINIC	<p>conducted diet counselling clinic on Fridays (1 to 2 pm) with the purpose of extending awareness and knowledge about healthy diet and lifestyle to the public. As a part of it, the I MSc Home Science (Nutrition &amp; Dietetics) students of the department conducted ‘Diet in PCOD’ counselling session on 3<sup>rd</sup> June. Around 15 students attended the clinic. The coordinators of the Diet Counselling Clinic are Mrs. Shahla K, Assistant Professor (Adhoc) and Ms.Nihala Binth Nasar, I MSc Home Science (Nutrition &amp; Dietetics).</p> <p>A diet counselling session was held on the topic Anti-obesity, on the 25<sup>th</sup> of November 2022.</p>
12	INCUBATION CENTRE	Home Science Innovation and Incubation Center was inaugurated on 27 February 2023 by Dr. C Saidalavi, Former Principal, KAHM Unity Women’s College, Manjeri. Principal Dr. Muhammed Basheer Ummathur and Manager Jb O Abdul Ali felicitated the programme.

		The centre was started to foster entrepreneurial behaviour of ideating, creating and commercializing the ventures aligned to the core themes of the incubation center. The faculty coordinator of this event was Mrs. AS Anitha Begum, Head of the department of Home Science.
13	INTERNALS & INFORMATION CENTRE	Internal exams were conducted in centralized mode and the marklists were documented. They were also handed over to the Controller of Examinations of the college. The students were asked to check their internals for various courses and to convey the corrections or grievances if any. The uploaded internals were also documented. An Information board was maintained to communicate the recent trends and advancements in the field of Home Science. Ms. Nishida Haridas, Assistant Professor (Adhoc) was the faculty-in-charge for these activities.
14	SIGNIFICANT DAYS CELEBRATION	Around 16 days/months of national or international significance such as World Population Day, School Health Day, National Child Health Day, World Osteoporosis Day, World Hepatitis Day, World Food Day, World Blood Donor Day, World Arthritis Day, World Heart Day, World Mental Health Day, World Breast feeding Week, International Day Against Drug Abuse and Illicit Trafficking, International Yoga Day, Independence Day, National Nutrition Month and Breast Cancer Awareness Month were celebrated.
15	HOME SCIENCE OUTREACH PROGRAMME	<p>On 18th July 2022, a nutritional assessment programme was conducted on behalf of ' School Health Day' at HMSAUPS, Thurakkal, Manjeri. The programme was organised by PG students of Home Science and the student representative was Ms.Areej Mehjabeen Pary. Around 100 students from the first standard were selected and they were divided into two groups. Their heights and weights were measured and the data collected was analysed to assess the nutritional status of the selected school students. The results were consolidated and the report was handed over the school authorities</p> <p>On 24 September 2022, a 'POSHAN MELA' was organized by Thrikkalangode Gram Panchayat and ICDS Wandoor Additional Project at Naas Auditorium, Karakkunnu in which a Nutrition Clinic</p>



		<p>was conducted by the 3<sup>rd</sup> semester MSc Home Science (Nutrition and Dietetics) students namely Mrs. Hasna Abdulsalam, Mrs. Nihala Bintah Nazer and Mrs. Nusrin K for providing nutritional counselling to the people.</p>
		<p>Conducted a community outreach programme on 25<sup>th</sup> October 2022 at Koolamadam Anganawadi, Narukara. Mrs. Shirin E. K, III Sem M.Sc. Home Science conducted an awareness class on ‘Arthritis and its remedial measures.</p>
16	FIELD VISITS	<p>On 23<sup>rd</sup> January 2023, the PG students of the Department of Home Science visited the Agri-business Incubator (ABI), a pioneering incubation centre of Kerala Agricultural University, Vellanikkara, Thrissur, The Senior Research Fellow, Mrs. Shahanas. E.K, also an Alumna of the Home Science department (1996-1999 batch) explained the working principle of the machines.</p> <p>The postgraduate students of the Department of Home Science visited Malabar Cancer Centre, Thalassery, Kannur district on 27<sup>th</sup> September 2022. Mrs. Reena, Chief Dietitian, MCC Kannur explained the work of different departments of the hospital and the importance of nutrition in oncology. Around 33 students participated in the visit and Mrs. Hasna Abdussalam. PK, Student of 3<sup>rd</sup> Sem MSc Home Science (Nutrition and Dietetics) was the student coordinator. Ms. Loosiya. KP and Mrs. Nishidha Haridas, Assistant Professors (Ad hoc), accompanied the students.</p> <p>An industrial visit to DFRL was conducted as part of experiential learning on 01 March 2023. Twenty-two students from MSc Home Science (Nutrition and Dietetics) along with 2 faculty members visited the Defence Food Research Laboratory, Mysore, Karnataka. As a part of the visit, the students received an orientation on the research and development of technologies and products in the area of food science and technology to cater the varied food challenges for the Indian Armed Forces.</p> <p>As part of related experience in the subject of Food Science, the PG students of the Department of Home Science conducted a Market</p>

		<p>survey on processed food items available in the market on 03/02/2023. It enabled the students to know the pricing trends and customer expectations about a food.</p> <p>Sixth Semester FCS students from the Department of Home Science visited Malappuram Co-operative Mill on 24th Feb 2023. The mill produces different types of yarns and staples. The visit enabled the students to gain a thorough knowledge of the spinning process. 41 students participated in the visit. Ms. Loosiya KP, faculty of Home Science department, coordinated the visit.</p>
17	STUDY TOUR	<p>The VI Semester BSc Family and Community Science students from the PG Department of Home Science went on a study tour to Delhi from 01 February 2023 to 8 February 2023. 35 students along with 3 faculties participated in the tour. They also visited Public Health Foundation of India (PHFI), Delhi as part of their curriculum</p>
18	PUBLICATIONS	<p>In July 2022, Mrs.AS Anitha Begum, Associate Professor &amp; HoD, published a book on ‘Trends in Food Chemistry, Nutrition and Technology in Indian Subcontinent’ with ISBN No. 978-3-031-06303 in Springer International Publishers. The co-authors are Dr. Suny Mary Varghese, Salavatore Parisi, and Rajeev.K.Singla.</p> <p>Dr Annie Ninan, Associate Professor in Home Science served as an editor of the ISBN book on Innovation and Incubation opportunities through Home Science, published by Romanson Printing and Publishing House Pvt. Ltd., December 2022.</p> <p>Ms Shaza Fathima (MSc Home Science (Nutrition and Dietetics) 2019-21 Alumna and Dr Annie Ninan, Associate Professor in Home Science published a book chapter on ‘Development and Evaluation of value added food products using tender leaves and seed kernel of Tamarind’, in the ISBN book on Innovation and Incubation opportunities through Home Science, published by Romanson Printing and Publishing House Pvt. Ltd., December 2022.</p> <p>Ms Sabeeha T P (MSc Home Science (Nutrition and Dietetics) 2015-17 Alumna and Dr Annie Ninan, Associate Professor in Home</p>

		<p>Science published a book chapter on ‘A study on the work life balance of working women’, in the ISBN book on Innovation and Incubation opportunities through Home Science, published by Romanson Printing and Publishing House Pvt. Ltd., December 2022.</p>
		<p>Released three ISBN books under Unity Publications during the annual book launch ceremony, Digest’23, held on 29th March 2023. Mrs Anitha Begum, Dr Annie Ninan and Mrs. Shahla Karuthedath were the editors of the books, ‘A Manual on Functional Foods’, ‘Innovations in Home Science’ and ‘Research Trends in Nutrition &amp; Dietetics’ respectively. The final year UG and PG students and all the faculty members of the department contributed various chapters to the books.</p>
19	STATE/NATIONAL/ INTERNATIONAL SEMINAR/WEBINAR	<p>In collaboration with NSR NutriEduTech Solutions (P) Ltd., Delhi, a webinar was organised on 20th July 2022 through google meet to introduce ‘NSR-Nutri Cal’, an innovative nutrition educational tool to the students and faculty members of the department. Mr.Nikesh Jain, CEO, NSR NutriEduTech Solutions (P) Ltd., explained in detail about the various aspects of the NutriCal and their uses. Around 110 students from final year UG and PG classes of Home Science participated in the programme. Mrs. Shahla K, Assistant Professor (Adhoc) and Ms. Areej Pary of I MSc Home Science (Nutrition &amp; Dietetics) were the respective faculty and students coordinators.</p> <p>A live online demonstration was conducted in collaboration with Nestle “Magic in Minutes” for the department students on 23-07-2022. Ms.Sneha Raghu, Activation Consultant, Nestle India Limited, demonstrated various recipes using magi noodles. Twenty-five students participated in the programme.</p> <p>As part of the national nutrition month celebration and the international year of millets 2022-23, in collaboration with the Indian Dietetic Association (IDA), Kerala chapter, a National Webinar on ‘Miracle Millets – The Crops of Future’ was organized on 23<sup>rd</sup> September 2022 through Google Meet. The session was inaugurated by Dr. Anooja Thomas, IDA National Executive Committee Member, Currently Coordinator School of Food Science and Technology Mahatma Gandhi University. Dr. Meenakshi Bajaj</p>

		Dietician, Tamil Nadu Govt. Multi Super Specialty Hospital, Chennai was the resource person of the webinar. Around 103 students, dietitians, PhD scholars, nutritionists, interns, trainees attended the webinar.
20	ENTREPRENEURSHIP WORKSHOP ON WASTE RECYCLING	<p>As an association activity, a workshop was conducted on Paper Bag Making on 24th November 2022 at 2.50 pm as a part of the skill development programme. Ms.Fathima Dilraz K.P, 3rd semester B.Sc. FCS gave training to the students on how to make paper bags.</p> <p>As a part of the project in collaboration the Home Science Innovation and Incubation Centre, the V semester B Sc Family and Community Science students made around ten innovative products such as Table lamp, Hand bag, Cushion, Wall lamp, Basket, Torch, Hair accessories, Cobweb duster, Storage doll, and Sandals were prepared from the collected plastic wastes such as plastic bottles, plastic covers, and plastic straws. The developed products were also popularised among the students of the college.</p>
21	PG THESIS PROPOSAL PRESENTATION	On 3 <sup>rd</sup> January, 2023, all the students of II year M.sc Home Science (Nutrition and Dietetics) presented their own research proposal before the faculty members. The scope, objectives and methodology of their proposed thesis topics were discussed and finalized.
22	ASSOCIATION ACTIVITIES	<p>As a part of the association activities, a cultural programme consisting of Nadan pattu, Mappila song, Singing-solo, Duet, skit, solo dance etc. was conducted for the Home Science students on 14th July 2022 in order to facilitate organizational skills and to develop self-confidence and self-esteem. Mrs. Shahla.K, was the Faculty-in-charge of the association activities and Ms. Rishana. M, III Sem. B Sc Family &amp; Community Science, the Association Secretary- in-charge coordinated the activities.</p> <p>On 11th August 2022, a debate was conducted on the topic 'Women, The Family and Freedom' on behalf of the Independence Day celebration at 2.50 pm in room no.5, as an activity of the Home Science Association. Around 42 students participated in the</p>

programme and the programme was organized by the Association Secretary- in- charge Ms. Rishana., III Sem. BSc Family & Community Science and Mrs. Shahla Karuthedath, Assistant Professor (Adhoc).

As a part of the Onam celebration held on 1st September 2022, the students of the department prepared and shared delicious 'Onasadhya'. All the students and faculties of the department participated in the programme. Dr. Muhammed Basheer Ummathur, the Principal, Mr. O.Abdul Ali, the Manager and Dr.K.Fousi, the Head of the Department of Zoology conveyed greetings and had sadhya with the students.

A Film Show on 'The Earth' was conducted on 17<sup>th</sup> November 2022 to inculcate a sense of environmental literacy in the students. Two short films named 'Cycle' by Manland Entertainment and 'On the Earth' by Romain Pictures were displayed to the students in Room No.8. All the undergraduate and postgraduate students of the department watched these films that promoted environmental education.

An awareness programme on Nutrition And Developmental Disabilities was held on 05/04/2023 at 2.50 pm. Ms.Shahla.K, 3rd semester B.Sc. FCS handled the session.

The Home Science Association "HomeFlix" inauguration was held on Feb 10<sup>th</sup> February 2023. The keynote address was given by Dr.Nethra.M and the programme was inaugurated by Dr.Jensy.C, Gynecologists in Aster Mother Hospital, Areakode. They gave an awareness class to the students on the topic 'Menstrual problems and Hygiene'. The programme was conducted in the CH Auditorium at 1.30-3.0 pm. The Home Science Association secretary, Shahla .K. and Ms. Aslaha Konoth(UUC) organised the event.

Freshers' Day was celebrated on 18<sup>th</sup> October 2022 to welcome the newly admitted first semester B Sc FCS students.

		A farewell party to the final year B.Sc. Family & Community Science students was organised by the department on 3rd March 2023.
23	SKILL ENHANCEMENT PROGRAMME	<p>The VPS Lakeshore Hospital, Kochi organized a skill enhancement workshop on ‘Case study in Dietetics’ on 2<sup>nd</sup> July,2022 at VPS Lakeshore Auditorium from 9 am to 5 pm. The seminar was based on Cancer of Tongue, pancreas, stomach, Post renal transplantation, Metabolic syndrome etc. Around 14 students of MSc Home Science (Nutrition and Dietetics) and one faculty Ms.Loosiya .K.P. attended the workshop.</p> <p>Conducted a communication skill enhancement programme on the topic “Communicative Effectiveness” on 13th October 2022. Ms.Vineetha, Assistant professor, Department of English was the resource.</p> <p>Conducted a workshop on pencil carving on 27th October 2022. Ms.Anjana Devi. T.V., 2nd B.Sc. Computer Science demonstrated the pencil carving of alphabets and mini sculptures to the students.</p>
24	MAE/ MIE TALK/ INVITED LECTURES	Around 9 academic/ industrial expert talks and 7 invited lectures were arranged for the students as part of day celebrations and several other programmes
25	AWARD CEREMONY 2022-23	An award ceremony was organized on 30 <sup>th</sup> March, 2023 Thursday in the AC seminar hall at 1:30pm. In the programme the students were honored with meritorious awards for securing university ranks during the year 2022. The proficiency awards for the class toppers and some department competition prizes were also distributed in the ceremony. The freeship for the year 2023 was also given. The faculty coordinators of the programme were Mrs. Shahla Karuthedathu and Mrs. Nishidha Haridas (Assistant Professor, Adhoc).



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